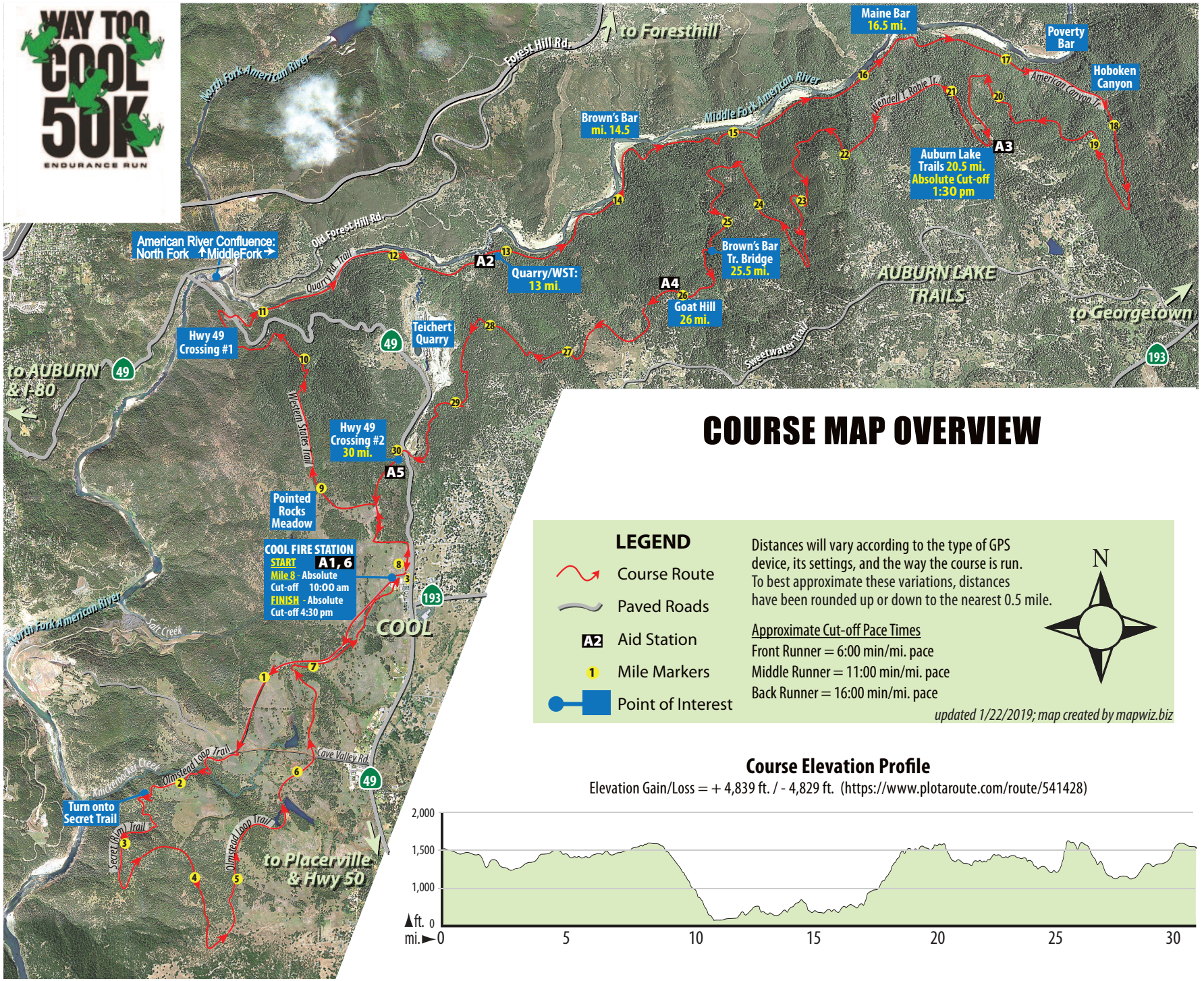

COURSE MAP OVERVIEW

LEGEND

- Course Route
- Paved Roads
- A2 Aid Station
- 1 Mile Markers
- Point of Interest

Distances will vary according to the type of GPS device, its settings, and the way the course is run. To best approximate these variations, distances have been rounded up or down to the nearest 0.5 mile.

N

Approximate Cut-off Pace Times

Front Runner = 6:00 min/mi. pace

Middle Runner = 11:00 min/mi. pace

Back Runner = 16:00 min/mi. pace

updated 1/22/2019; map created by mapwiz.biz

Course Elevation Profile

Elevation Gain/Loss = + 4,839 ft. / - 4,829 ft. (https://www.plotaroute.com/route/541428)