



All WTC aid stations are stocked with GU Nutrition Products

- GU Energy Gels (Caffeinated and Non-Caffeinated)
- Roctane Energy Drink (Caffeinated and Non-Caffeinated)
- GU Chews
- GU Roctane Electrolyte Capsules

Fire Station

- Non-Caffeine Gels – Pineapple & Lemon Sublime
- Caffeine Gels– Cherry Lime & Cola
- Watermelon Chews (No Caffeine)
- Strawberry Hibiscus Roctane Energy Drink – (No Caffeine)

Lower Quarry

- Non-Caffeine Gels- Pineapple & Lemon Sublime
- Caffeine Gels- Salted Lime & Cola
- Watermelon Chews (No Caffeine)
- Strawberry Chews (Caffeine)
- Summit Tea Roctane Energy Drink – (Caffeine)

ALT

- Non-Caffeine Gels- Pineapple & Lemon Sublime
- Caffeine Gels- Cola & Sea Salt Chocolate
- Liquid Energy Gels- Lemonade (No Caffeine) & Cola (Caffeine)
- Watermelon Chews (No Caffeine)
- Strawberry Chews (Caffeine)
- Strawberry Hibiscus Roctane Energy Drink – (No Caffeine)

Goat Hill

- Non-Caffeine Gels – Pineapple & Lemon Sublime
- Caffeine Gels- Salted Lime & Sea Salt Chocolate
- Liquid Energy Gels- Lemonade (No Caffeine) & Cola (Caffeine)
- Watermelon Chews (No Caffeine)
- Strawberry Chews (Caffeine)
- Summit Tea Roctane Energy Drink- Caffeine

Highway 49

- Non-Caffeine Gels- Lemon Sublime
- Caffeine Gels- Cherry Lime & Cola & Salted Lime
- Watermelon Chews (No Caffeine)
- Strawberry Chews (Caffeine)
- Lemon Berry Roctane Energy Drink - Caffeine